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ASCH Approved Advanced Clinical Hypnosis Virtual Workshop Hypnosis for the Treatment of Developmental Trauma Disorders

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Clinical Hypnosis Society, BC Division

British Columbia, Canada

<https://www.hypnosis.bc.ca/>

Program Dates/Times

Saturday, November 21, 2026 8:00 AM-5:00 PM PT

Sunday, November 22, 2026 8:00 AM-5:00 PM PT

Eligibility for Continuing Education Credit

Participants are eligible for 16 hours of Continuing Education if these two conditions are met: a) the participant is fully present and engaged for the duration of the workshop; b) program evaluation is completed.

Saturday, November 21, 2026:

All times are PT

7:45-8:00 am PT	Check-in	CE/CME
8:00-8:45 am PT	Advanced Workshop Introduction and Overview Complexity of Trauma and the Phase-Oriented Treatment Model At the conclusion of this session, the participant will be able to: 1. List five dimensions of the impact of trauma and neglect. 2. List three categories within each dimension of impact. 3. Describe a phase-oriented approach to the treatment of trauma.	.75
8:45-9:30 am	Explicit & Implicit Memory [1.0 CE/CME] At the conclusion of this session, the participant will be able to: 1. List three forms of implicit learning. 2. Identify two brain regions associated with implicit memory. 3. List two ways implicit memory influences conscious behavior.	.75
9:30-10:30 am	Implicit Memory and Trauma Adaptive Experiential Theory of Hypnosis Normative Implicit Clinical Hypnosis At the conclusion of this session, the participant will be able to: 1. Explain the nature of the Unrepressed Unconscious.	1.00

	2. Explain how implicit memory relates to PTSD & attachment disorders. 3. Distinguish rational versus experiential information processing. 4. Delineate two ways to access experiential processing with hypnosis.	
10:30 -10:45	Break	
10:45-11:45 am	Permissive & Interactive Hypnosis At the conclusion of this session, the participant will be able to: 1. Describe how to set the frame for therapeutic suggestions. 2. Establish communication and elicit clients' descriptions of their unfolding experience. 3. Amplify and appropriately elaborate desired individualized mental/emotional states. 4. Identify a hypnotic strategy for modifying implicit memory.	1.00
11:45-12:30	Phase I: Stabilization At the conclusion of this session, the participant will be able to: 1. Explain the importance of prioritizing stabilization. 2. Describe and apply two strategies for affect regulation. 3. Identify a strategy for the regulation of unwanted dissociation.	.75
12:30-1:00 pm	Lunch	
1:00-2:30 pm	Polyvagal Theory and Neuroception of Safety At the conclusion of this session, the participant will be able to: 1. Explain the Polyvagal Theory and its relation to physical and emotional functioning. 2. Describe three types of breathing and two strategies for breath training. 3. Describe two methods for activating the ventral vagal complex. 4. Explain the nature of anxious intrusions during safe-place imagery and two strategies for managing them.	1.5
2:30-4:00 pm	Empowerment & Ego Strengthening At the conclusion of this session, the participant will be able to: 1. Describe and apply three ego-strengthening techniques. 2. Apply two methods of amplifying a felt sense of empowerment. 3. Describe and apply hypnotic desensitization.	1.5
4:00-4:15 pm	Break	
4:15-5:00 pm	Wrap-up, questions, and additional demonstrations	0.75
	Total hours for Saturday	8.0

Sunday, November 22, 2026:

All times are PT

7:45-8:00 am PT	Check-in	CE/CME
8:00-10:00 am PT	Insight-Oriented Techniques and Hypnoprojectives: Accessing the Solutions Within At the conclusion of this session, the participant will be able to: 1. Describe and apply three hypnotic techniques for insight and identification of causative factors. 2. Explain and apply the cognitive bridge technique. 3. Describe and apply three hypnoprojective techniques. 4. Identify two relevant issues regarding memory and hypnosis and identify the components of informed consent.	2.0
10:00-10:15	Break	
10:15-12:15 pm	Attachment Disorders and Repair At the conclusion of this session, the participant will be able to: 1. Identify the role of neglect and the importance of neglect repair. 2. Identify four attachment styles and related indications for attachment repair. 3. Describe two methods of attachment style assessment. 4. Describe and apply the Ideal Parent Figure protocol. 5. Identify three common reactions to ideal parent imagery and strategies to manage them.	2.0
12:15-1:00	Lunch	
1:00-2:00 pm	Phase II: Memory Integration At the conclusion of this session, the participant will be able to: 1. List three forms of structural dissociation. 2. Describe the elements and implications of the BASK model. 3. Delineate four goals of integration.	1.0
2:00-3:00 pm	Memory Reconsolidation Updating At the conclusion of this session, the participant will be able to: 1. Identify the conditions necessary for reconsolidation updating. 2. Apply bridge techniques to access relevant memories. 3. Describe two strategies for updating relevant memories.	1.0
3:00-3:15 pm	Break	
3:15-4:45 pm	Phase III: Post-Integration Self-Development At the conclusion of this session, the participant will be able to: 1. Explain the reason for focusing on self-development. 2. List four dimensions of the self-development phase. 3. Describe and apply three hypnotic strategies for the self-development phase.	1.5
4:45-5:00 pm	Wrap-up and questions	0.25
	Total ASCH-approved hours of Advanced Training	16.0