

HSBC Hall	Introductory
C215	Int. / Adv.
C225	Int. / Adv.

Seminar Outline

SATURDAY, February 7th, 2015

9:00 am - 9:30 am	Combined - Introduction & Group Induction - Dr. Lee Pulos (HSBC Hall)		
	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)	
9:30am - 10:15 am	Dr. Lee Pulos <ul style="list-style-type: none"> ➤ History & Types of Trance ➤ How to Introduce Hypnosis ➤ Diagnosis ➤ Decision to Use Hypnosis ➤ Contra-Indications 	Dr. Heather Fay <ul style="list-style-type: none"> ➤ Acute & Chronic Pain Management <u>DVD: Use of Hypnosis in the Emergency Room</u> Demonstration / Practice	
10:15 am - 10:30 am	Coffee Break		
	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)	
10:30 am - 12:15 am	Dr. Heather Fay & Dr. Saul Pilar <ul style="list-style-type: none"> ➤ Demonstrations of Hypnotic Inductions and Practice 	Dr. Davidicus Wong <ul style="list-style-type: none"> ➤ Mindfulness Meditation: The Practice and Clinical Use 	
11:30 am - 12:15 pm		Dr. Lee Pulos <ul style="list-style-type: none"> ➤ Accessing Root Causes of Symptoms Demonstration / Practice	
12:15 pm - 1:30 pm	Lunch Break Featuring at 12:30 <u>DVD: Clinical Hypnosis</u> (Room C225)		
1:30 pm - 1:45 pm	Combined - Large Group Hypnotic Induction - Dr. Davidicus Wong		
	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)	INTERMEDIATE / ADVANCED (C225)
1:45 pm - 3:00 pm	Dr. Mavis Lloyd <ul style="list-style-type: none"> ➤ Essential Language Patterns for Effective Trances Demonstration / Practice	Dr. Bianca Rucker <ul style="list-style-type: none"> ➤ Hypnosis for Accessing Sexual Intimacy 	Dr. Lee Pulos <ul style="list-style-type: none"> ➤ Building Confidence & Self Esteem
3:00 pm - 3:15 pm	Coffee Break		

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	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)
3:15 pm - 4:30 pm	Dr. Lee Pulos & Heather Fay <ul style="list-style-type: none"> ➤ Ideomotor Exploration of the Subconscious & Trance Training Demonstration / Practice Teaching Self-Hypnosis	Dr. Davidicus Wong <ul style="list-style-type: none"> ➤ Integrating Mindfulness Meditation, Cognitive Therapy and Hypnosis
4:30 pm - 4:45 pm	Combined - Questions & Answers - All Faculty	

SUNDAY, February 8th, 2015

9:00 am - 9:15 am	Combined - Large Group Eriksonian Induction How to Set & Achieve Treatment Goals with Hypnosis - Dr. Lee Pulos (HSBC Hall)		
9:15 am - 10:30 am			
10:30 am - 10:45 am	Coffee Break		
	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)	INTERMEDIATE / ADVANCED (C225)
10:45 am - 12:00 pm	Dr. Saul Pilar <ul style="list-style-type: none"> ➤ Office Environment & Set Up Dr. Bianca Rucker <ul style="list-style-type: none"> ➤ Teaching Self-Hypnosis to Clients to Improve the Outcome of Therapy 	Dr. Heather Fay <ul style="list-style-type: none"> ➤ Women's Health - Common Conditions and Hypnotic Treatments 	Dr. Lee Pulos <ul style="list-style-type: none"> ➤ Peak Performance
12:00 pm - 1:15 pm	Lunch Break Featuring at 12:30 - <u>Documentary: No Fears, No Tears</u> (Room C215)		

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1:15 pm - 1:30 pm	Combined - Group Induction - Dr. Saul Pilar		
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1:30 pm - 2:45 pm	<p>Dr. Lance Rucker, Dr. Saul Pilar, & Dr. Davidicus Wong</p> <ul style="list-style-type: none"> ➤ Rapid Induction Techniques for Health Professionals (Level 1), Introsedation and Hypnosis, Direct and Indirect Techniques <p><u>DVD: Use of Hypnosis in the Emergency Room</u></p> <p>Demonstration / Practice</p>	<p>Dr. Mavis Lloyd</p> <ul style="list-style-type: none"> ➤ Anxiety and Learning Disabilities in Children and Adolescents 	<p>Dr. Lee Pulos & Dr. Heather Fay</p> <ul style="list-style-type: none"> ➤ Integration of Hypnosis with Energy, Psychology, EFT and the Biology of Belief <p>Demonstration / Practice</p>
1:30 pm - 4:00 pm			
2:45 pm - 3:00 pm	Coffee Break		
	INTRODUCTORY (HSBC Hall)	INTERMEDIATE / ADVANCED (C215)	
3:00 pm - 4:15 pm	<p>Dr. Mavis Lloyd</p> <ul style="list-style-type: none"> ➤ Weight Management, Multiple Factors using Hypnosis & EFT (Emotional Freedom Technique for Healthy Weight Reduction & Maintenance). 	<p>Dr. Lance Rucker & Dr. Saul Pilar</p> <ul style="list-style-type: none"> ➤ Rapid Induction Techniques for Health Professionals (Level 2) - Sutures, Injections, Scoping & Surgery: Comfort and Relaxation during Physical Interventions 	
4:15 pm - 4:30 pm	<p>Entire Faculty</p> <p>Combined: Discussions, Questions, Group Inductions & Wrap-up</p>		
4:30 pm - ON	<p>Canadian Society of Clinical Hypnosis (BC Division)</p> <p>Annual General Meeting</p>		