

Entrancing News

April 2011 Edition

A publication of the Canadian Society of Clinical Hypnosis (BC Division)

Upcoming Events

- ✓ Hypnosis for Children & Teens: Fascination and Empowerment

April 16th 2011

This one-day intensive is for clinicians working with children or teens who have anxiety, habit disorders, fears, pain, or who are living with medical conditions. This workshop is for pediatric professionals or graduate students who have some understanding of hypnosis at the introductory or intermediate level.

Event details and registration on www.hypnosis.bc.ca

- ✓ Monthly Meeting

April 20, 2011

Presenters & Topic:

Janice Manson RN MN CH, a Clinical Hypnotherapist with MindClick Partners will share some effective techniques to deal competently with clients' weight issues so they can be friends with their body again and you can help them return to their healthy weight naturally

Event details on www.hypnosis.bc.ca

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Leora Kuttner, PhD, *Education Vice-President*

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Notes from March 16th Monthly Meeting

Presented by: Dr. Lee Pulos

Reporter: Dr. Heather Fay

Demonstrations of Hypnotic Inductions with practice and discussion

The quantum theory of the future creating the present was explained by Dr Pulos and the subject of our life being a printout of our beliefs was discussed. He also gave a handout with a hypnotic script and abstracts of 2 articles 'The Creative Psychosocial Genomic Healing Experience' Ernest Rossi et al and 'A New Bioinformatics Paradigm for the Theory, Research and Practice of Therapeutic Hypnosis'. Ernest Rossi et al.

Dr Pulos, as always, gave us a fascinating demonstration of hypnotic inductions with ideomotor signaling. The focus was on goals and the volunteer was asked to think of her goal and choose 3 images of what she will see when the goal is achieved that she is not seeing now. The induction was the 'magic hands' then after deepening she was asked to see each image and breathe life into it for 30 seconds (this is the optimal time for goal visualization). Her subconscious was asked if it understood and accepted those images and was there anything else it would suggest adding in order that the goal be achieved. It was then suggested that she have a healing dream that would reinforce her optimal future.

The group practiced and there was a sharing of results and insights.

Thank you for a very educational evening which was useful in the personal and professional context.
Heather Fay

Please note our monthly meeting location!

Meeting Date: Third Wednesday of each month
Meeting Time: 6:45pm

Location: 1055 West Broadway (between Spruce & Oak Street) Vancouver, BC V6H1E2
Second Floor Meeting Room - Signs will be placed for directions.

The purpose of these monthly meetings is to provide useful information to our members and a place for members to meet and discuss hypnosis in a positive learning environment. If there is a topic you would like to see presented or you have a topic you would like to present at one of the meetings, please contact the Society President, Dr. Lee Pulos at (604)669-6979.

Mark your calendars for the upcoming monthly meeting April 20th, 2011

Dragon Slaying & Other Hypnosis Techniques for Weight Management

Of all the 'tissue issues' hypnotherapists are confronted with, weight issues can be among the most complex. Most clients have tried numerous times and yet have failed to end their weight struggles. In desperation, they seek the help of you—the hypnotherapist.

Please mark your calendars and plan to join us this April 20th as **Janice Manson RN MN CH of MindClick Partners Hypnosis** shares some techniques to effectively deal with these clients. During the session, Janice will provide a demonstration of the metaphor transformation technique. Through her practise, Janice strives to bring hypnosis out-of-the-closet by working with individual, community and corporate clients, and offering 1:1 hypnosis sessions, speaking events, hypnosis-based workshops, and hypnosis products.

We look forward to seeing you there!

Check out the MEMBERS NEWS section on the CSCH Website

www.hypnosis.bc.ca

Visit the Members' Area and log in using the username "csch" and the password "hypnosis".

Select Member's News and take a look at Upcoming events. Here you will find links to events, seminars, workshops and other educational programs that are recommended by other members for the purpose of professional development and practice.

If you want to post information to the membership about an event, seminar or workshop, please forward the link and information to: admin@hypnosis.bc.ca

Hypnosis for Children & Teens Workshop

DATE: Saturday April 16, 2011

TIME: 8:30am registration 9am -4pm

LOCATION: Vancouver General Hospital
Paetzold Health Ed. Centre, Jimmy Pattison Pavillion-1st Floor
899 West 12th Ave. Vancouver, B.C.

Hypnosis for Children & Teens: Fascination and Empowerment.

Hypnosis is an effective, satisfying, creative, and versatile therapeutic intervention for children. Most children are receptive and responsive to hypnotic intervention. Many find it easy and become fascinated by being empowered through this experience.

This one-day intensive is for clinicians working with children or teens who have anxiety, habit disorders, fears, pain, or who are living with medical conditions. Through watching DVD demonstrations, you will have an opportunity to see the use of different forms of hypnosis with children of different ages for a variety of problems, including, enuresis, OCD, asthma, thumb sucking, headaches, abdominal pain, insomnia, nightmares, sleep terrors, and needle phobia.

This workshop is for pediatric professionals or graduate students who have already have some understanding of hypnosis at the introductory or intermediate level.

With: Dr. Leora Kuttner

Education Vice-President CSCH (BC Div.)

- Clinical Psychologist internationally recognized for her work in pediatric pain management,
- Clinical Professor in the Dept. of Pediatrics, UBC at BC Children's Hospital.
- Pioneered work in pain relief, developed and implemented pain management programs for children and parents; and taught pediatric professionals in Europe, Australia, Canada and US.
- Published professional articles, many on pediatric hypnosis; wrote the recently released book [A Child in Pain. What Health Professionals can do to Help](#) and
- Directed four documentaries including the acclaimed [No Fears, No Tears - 13 Years Later](#) and [Making Every Moment Count](#) with the NFB.
- In 1998 Dr. Kuttner won the award of 'Woman of Distinction' in Vancouver for her work in pediatric pain management & in 2007 The American Pain Society's Jeffrey Lawson Award for Advocacy for Children's Pain Relief

FURTHER DETAILS & REGISTRATION FORM Available on our website www.hypnosis.bc.ca